

YMS Cross Country

HEAD COACH:

Derek Miller

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ASSISTANT COACH:
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WEBSITE:

ymsrunning.com

REGISTRATION FORM

Practice for 7th and 8th graders begins on **Monday, August 3**. The school year starts on August 31, but it is important to get running in before then since we have meets in August before school starts. We also strongly recommend running **Endurance Camp** in the summer.

Practices are from 7:15 to 8:45am at the **Yorkville High School Academy** track until school starts. After that, runners will meet immediately after school at YMS until 4:15 or 4:30 depending on their group. **You can see the full practice schedule on the Team Calendar section of our website.**

A \$65 activity fee, physical, and athletics packet are required to participate along with this form. You can turn in this registration form electronically to **demiller@y115.org** or at **Cross Country Registration** on **June 4**. You will receive a confirmation email if your registration was sent electronically.

Runner's Name				
Gender: M F	Grade in 15/16:	7	8	
Phone 1	Phone 2			
Home Address:				
Parent/Guardian E-mail: _				
T-Shirt Size (Circle One)	Adult XS Adult S	Ac	dult M	Adult L

I will allow photographs of my runner to be posted on ymsrunning.com, which is run by Coach Miller and not affiliated with District 115.

I understand these photos will not be used for commercial purposes, but may be used on posters or other team promotional material.