

Yorkville Sports Boosters  
In Partnership With



***“PREPARE TO WIN”***

*Nutrition Seminar and Training Preparation for Student Athletes and Parents*

**When:** 6pm - Monday, June 3<sup>rd</sup>

**Where:** YHSA Gymnasium

**Who:** Any Student Athlete Grades 5-12 and Parents

*Prizes, T-Shirts, Competitions!*



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