



“You don’t have to be great to get started, but you have to get started to be great.”



Camp Location

Yorkville Track: Located on Game Farm Road, across from Yorkville High School.



Camp Details

The Yorkville Endurance Camp will provide participants with guided distance training based on the ability of each individual. In no way is experience or talent a prerequisite for the camp. Training will include a variety of workouts, each of which will take into account the ability of each athlete. With this being said, those thinking of participating in the camp should not be discouraged by their current endurance. The intention of the Endurance Camp is to guide the individual to a desired level of fitness for their sport.

Yorkville Endurance Camp

Entering Grades: 5th -12th

**Cost of Camp: \$100
(16 days)**



Monday-Thursday

Time: 7:30 AM—9:00 AM

**Drop off and Pick-up Location:
YHS Track**

Starting Date: Monday, June 17th

Ending Date: Thursday, July 18th

We will not be holding camp on the 4th of July week, due to the holiday.

Yorkville Girls Highlights

HIGH SCHOOL:

GIRLS TEAM CHAMPIONSHIPS:

- Regional –'08, '09, '10, '11, '12, '14, '15, '17, '18
- Sectional –'09, '10, '11, '12, '13, '14, '15, '17, '18
- State Titles– '11, '12, '13, '14, '15,
- State Trophies– 2nd, 2nd, 1st, 1st, 1st, 1st, 1st, 2nd, 2nd, 2nd
- NXN Regionals– 2017 (2nd), 2018 (2nd)
- NXN Nationals– 2017 (18th), 2018 (13th)
- All-Staters –Krysten Sebby, Ali Hester, Lena Palmer, Casey Kramer, Esther Bell, Skyler Bollinger, Summer Pierson, Erin Reynolds, Alexis Grandys, Alyssa Edwards, Maddie Dearborn, Helena Kleronomos, Emily Eberhart , Kailey Fox
- Fastest State Time: Helena Kleronomos 16:35.5

MIDDLE SCHOOL:

GIRLS TEAM:

- State Qualifier–'10, '11, '12, '13, '14, '15, '16, '17, '18
- State Finishes– 22nd, 10th, 8th, 4th, 4th, 2nd, 5th, 7th
- All-Staters –Alexis Grandys, Colleen O'Connor, Kimberly Batdorf, Olivia Borowiak , Emily Eberhart, Alex Stewart, Makenna Edwards
- Fastest State Time: Helena Kleronomos 11:33.5

*****Family Rates for Endurance Camp*****

- 1 kid – \$100 dollars*
- 2 kids–\$160 dollars*
- 3 kids–\$210 dollars*
- 4 kids–\$260 dollars*

Yorkville Boys Highlights

HIGH SCHOOL:

BOYS TEAM CHAMPIONSHIPS:

- Regional–'07, '08, '09, '10, '11, '12, '13, '14, '15, '17
- Sectional – '12, '14, '15, '17
- State Titles–'13, '14
- State Trophies– 3rd, 1st, 1st, 3rd
- All-Staters–Scott Tanis, Jake Hoffert, Luke Hoffert, Nolan Tweedy
- Fastest State Time: Jake Hoffert–14:31

MIDDLE SCHOOL:

BOYS TEAM:

- StateQualifier'10,'12,'13,'14,'15,'16,'17,'18
- StateFinishes– 14th, 7th, 5th, 7th, 5th, 3rd, 13th, 15th
- All-Staters–Jake Hoffert, Alexx Nauman, Zack Price, Ivan Westcott, Austin Popplewell, Cade Grimaldi
- Fastest State Time: Ivan Westcott 10:41

Yorkville Endurance Camp Events:

4 mile Summer Solstice Race (June 21)
Yorkville Summer Track Meet (June 29)

Endurance Titan Games Day (June 20)
Endurance Camp Amazing Race (June 27)
Endurance Camp Color Run (July 11)
Endurance Camp Water fight (July 18)

Endurance Camp Theme Days:

- ◆ Neon Day (June 19)
- ◆ America (June 26)
- ◆ Decades (July 10)
- ◆ Favorite Jersey (July 17)

Endurance Camp Application

Name: _____

Phone Number: _____

Emergency Contact and Number: _____

E-Mail Information: _____

Grade for 2019/2020 School Year: _____

Shirt Size: _____

Adult S M L XL

As a parent of _____,
I hereby give my permission for my child to participate in the Yorkville Endurance Camp and acknowledge the fact that he/she is physically able to participate in the camp activities. I further understand that any Yorkville High School staff member, personnel, or Yorkville School Board Member will in no way be held liable for any accident or injury at the camp by my child.

Parent/Guardian _____ Date _____

Please detach this portion and send to the following address below by May 31st.

- Yorkville Athletic policy for summer camps are , no refunds are to be given.
- Scholarships rewarded for family hardship

Chris Muth
797 Game Farm Road
Yorkville, IL 60560
E-mail: cmuth@y115.org