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Minicamp

Minicamp is run in between Endurance Camp and cross country practice. It is free to all runners who plan to run on the middle school cross country team.

Minicamp will be from 7:00 to 8:30am on Monday, July 22, Wednesday, July 24, and Friday, July 26, Monday, July 29, Wednesday, July 31, and Friday, August 2. We will meet at the high school track on those six days.

The middle school cross country coaches will be at minicamp, but we ask that all runners turn in the waiver below in order to participate.

The waiver must be turned in by Monday, July 22 in order for runners to participate in cross country minicamp.

Minicamp Waiver

As a parent/guardian ofgive permission for my child to participate in School's cross country minicamp and acknowly physically able to participate in the camp a understand that any Yorkville Community States or Yorkville School Board member liable for any accident or injury of my child	nowledge that he/she is activities. I further School District staff r will in no way be held
Parent/Guardian	Date